

Quilt Camp at Cedar Lakes
 Fall 2023 – October 8-13, 2023
 Menu for the week!

DATE	BREAKFAST	LUNCH	DINNER
Sunday 10/08/2023	No Breakfast	No Lunch	Turkey w/Stuffing Mashed Potatoes w/Gravy Green Beans Salad Bar/Hot Rolls Dessert
Monday 10/09/2023	Scrambled Eggs Sausage/Gravy Biscuits/Cubed Potatoes Fresh Fruit	Chicken Patty on Bun French Fries Salad Bar Assorted Cookies	Beef Tips w/Noodles Peas Salad Bar/Rolls Dessert
Tuesday 10/10/2023	French Toast Bacon/Boiled Eggs Fresh Fruit Oatmeal	Spaghetti w/Meat Sauce or Marinara Salad Bar/Breadsticks Brownies	Oven Roasted Chicken Buttered Potatoes/Gravy Mixed Vegetables Salad Bar/Rolls Dessert
Wednesday 10/11/2023	Scrambled Eggs Sausage/Gravy Biscuits/Cubed Potatoes Fresh Fruit	Ham or Turkey on Croissant French Fries Salad Bar Assorted Cookies	Pork Chops Roasted Potatoes Corn Salad Bar/Rolls Dessert
Thursday 10/12/2023	French Toast Bacon/Boiled Eggs Fresh Fruit Oatmeal	Meatball Subs Chips Salad Bar Brownies	Salisbury Steak Au Gratin Potatoes Carrots Salad Bar/Rolls Dessert
Friday 10/13/2023	Scrambled Eggs Sausage/Gravy Biscuits/Cubed Potatoes Fresh Fruit	No Lunch	No Dinner

Remember – You must call and change your meal choices BEFORE your arrival
 at Cedar Lakes! Call the office at 304-372-7860.